

# Lighter Lunches

Monday-Saturday 12pm-2.30pm

Sunday 12pm-3.00pm

## Lockwheelers Lunch £4.75

**Small bowl of soup, salad and a toastie with 2 fillings:**

cheese, ham, spring onion, mushroom or tomato

**Sandwiches £5.25** served with fresh salad leaves with or without dressing

**choice of granary, ciabatta, brown baguette, sliced white or sliced brown**

**Cajun Chicken** with chilli & red onion mayonnaise

**Local Ham** with a homemade apple and sultana chutney

**Arctic Prawns** bound in marie rose sauce

**Smoked Salmon** with cracked black pepper, cream cheese and chives

**Mature Cheddar** with homemade sun-dried tomato chutney and roquette leaves

**Glazed beef** cut into strips with sliced red peppers

**Tuna Mayonnaise** and spring onion

**Sliced roast beef**, horseradish sauce, sliced tomato and roquette leaves

**Hot Lamb shoulder** with mint sauce

**Toasties** served on white bread with fresh salad with or without dressing

**Selection Of Fillings:** cheese, ham, bacon, basil pesto, mushroom, tomato or spring onion

**1 Filling £3.50**

**2 Fillings £3.90**

**3 Fillings £4.30**

**4 Fillings £4.70**

**Healthier Options £7.95** large salad dishes all served with ciabatta

**bread and butter**

**Parma ham salad** with handmade balsamic vinaigrette dressing with cherry tomatoes and garlic toasted pine nuts

**Cajun chicken salad**, cucumber, yellow peppers and a homemade honey and soy dressing

**Crab bruschetta** citrus mayo and coriander, char-grilled ciabatta, spring onion and cucumber and a large dressed salad **(No extra bread with this dish)**

**Jacket Potatoes** served with fresh salad leaves with or without dressing

**Cheese £4.45**

**Beans £4.45**

**Tuna Mayonnaise £4.95**

**Prawns and Marie Rose £5.45**

**Cheese and Beans £5.45**

**Add a small bowl of soup to any of the above for £1.50**

**Bowl of chips £2.25** all chips are peeled, blanched and cooked to order.

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Web site: [www.lock57.co.uk](http://www.lock57.co.uk)